

## **Build Your Jannah Series for Children**

By: Sajid Umar

### **Episode 4: A page from the life of Yunus, peace be upon him**

1. Which Prophet is this session about?
2. In which three chapters (surah's or suwar) can we find details from the story of this Prophet?
3. What does tafseer mean?
4. Who was the Prophet Yunus related to?
5. What was the name of the place the Prophet Yunus was sent to and about how many people lived there?
6. Were these people Muslims?
7. What is one of the biggest things Allah doesn't like?
8. How long did Yunus call his people to Allah and how many people accepted Islam (became Muslims)?
9. How did Yunus feel and what did he do?
10. Allah then sent something to the people, what was it and what did the people do?
11. Where did Yunus go?
12. What happened when he was on the sea?
13. What did the people decide to do? And what happened to Yunus?
14. Which dua did Yunus make when he was stuck in the belly of the whale? (Bonus: what does it mean?)
15. What did Allah tell the whale to do?

### **Lessons to learn:**

#### **1. We are human beings, and human beings make mistakes.**

Prophets also made mistakes; Yunus, peace be upon him, didn't want to disobey Allah, he just didn't think about it properly.

#### **2. Whenever we make a mistake, we should ask Allah to forgive us.**

Sometimes you make a mistake and it can make you feel sad. Your parents might be angry, and then Shaytan comes and makes you feel sad and says to: You are a bad girl or boy, you will go to the fire. Tell shaytan to go away; a'oodhu billaahi minash-shaytaanir rajeem. Tell him: Don't whisper bad thoughts. Then say: O Allah, forgive me. And then you have good hope that Allah has forgiven you. If you make mistake again, Shaytan might come to you and say: See, you did it again, you made the same mistake again, you asked Allah to forgive you and you did it again. Turn to Allah again, and ask for forgiveness again and have good hope Allah has forgiven you.

### **3. We should always try and become better people.**

When you make a mistake, ask yourself: Why did I make a mistake, what can I do next time to not make that mistake again? Eg was I impatient, what can I do not to make that mistake again? Think what can I do now so I don't make that mistake again. Eg sometimes we don't think before we speak and act; we must learn to think or speak before we act. Ask yourself: is this something that makes Allah happy, then I will do it, if it makes Allah sad I won't do it. Eg before I eat; what makes Allah happy? To make dua and to eat with my right hand.

#### **HOMEWORK:**

1. Sit with your parents and ask your parents about your mistakes and write them down.
2. Ask your mum and dad what you can do to cancel these things off your list.
3. Think of anybody you made sad and ask them to forgive you and say sorry to them, then raise your hands and ask Allah to forgive you.
4. Learn the dua' of Yunus, alayhis-salam.